

STATE HEALTH BENEFITS PROGRAM (SHBP)

In the next 60 days if you wish to enroll in a benefits plans you must visit the State of New Jersey website at <https://my.state.nj.us/au/Login>. Click the sign-up button on the bottom right of the screen. Once you have created an account you will then be able to elect a medical, dental and prescription plan(s). If you do not complete this process in the next 60 days your benefits file will automatically indicate that you have waived your right to enroll in a plan(s) and that you do not have coverage.

If your coverage is waived the next opportunity to elect coverage will be during our annual Open Enrollment period which is the entire month of October or if you have a life event and lost coverage with another plan.

The links below will give you contact numbers and email address for all State plans:

Medical Plans:

Aetna <https://www.aetna.com/> member services 1-877-782-8365

Horizon <https://www.horizonblue.com/shbp/> member services 1-800-414-7427

Dental Plans:

Aetna DPO [Aetna Dental Plan](#) 1-800-843-3661

Cigna Dental [State of New Jersey \(cigna.com\)](#) member services 1-800-564-7642

Dental Expense Plan [Aetna Dental Expense Plan](#) 1-877-782-8365

Horizon Dental Choice [Horizon Blue Cross Blue Shield Dental Plans](#) 1-800-433-6825

Metlife [Dental Insurance Center \(metlife.com\)](#) member service 1-866-880-2984

Prescription Plan:

OptumRX member services https://www.optumrx.com/oe_sonjactiveee/landing 1-844-368-8765

VSP Vision Plan:

VSP member services <https://www.vsp.com/> 1-800-877-7195

Links for Plan Contact Information and Summary of Benefits and Coverage:

[State of NJ - Department of the Treasury - NJDPB | Health Benefit Plan Contacts](#)

[State of NJ - Department of the Treasury - NJDPB | Summary of Benefits & Coverage for Active State Employees](#)