



What's New in Benefits!

W2 & 1095-C

W2's and 1095-C forms have been mailed to your home address if you did not elect an electronic copy. You can still receive an electronic copy if you visit the UH Portal, click View Pay Stub, Login, then click Employee Services. You will see and option for Electronic W-2 and 1095-C. Once you have made this election you can then download and print these documents.

UNIVERSITY HOSPITAL PHARMACY

The University Hospital Community Pharmacy is now a participating provider with Optum our prescription carrier. UH employees can use their existing pharmacy, as well as the new UH pharmacy located in the ACC. Hours are - Monday through Friday, from 8am to 8pm; and on Saturday from 8am to 4pm.

EMPLOYEE WELLNESS

NJWell is a free wellness program for employees enrolled in one of our medical plans to assist with living a healthy lifestyle. By completing health assessments that total 800 points and you could earn a visa gift valuing either **\$250** or **\$350** (this is a taxable benefit).

NJWELL is hosting four free webinars during the month of March: How to Eat Mindfully and Enjoy Health Food, Stress Reduction Made Easy, Nutrition of Healthy Families & Limiting Inflammation, Increasing Movement.

Click this link to access the NJWELL programs: <https://www.nj.gov/treasury/pensions/njwell/index.shtml>

EMPLOYEE MAMMOGRAM PROGRAM

Breast cancer screenings are conducted in the Cancer Center located at 205 S. Orange Avenue on the second and fourth Tuesday every month from 7:30am to 7pm for UH employees. You do not need insurance or a prescription to utilize these express services.

BENEFIT PLANS – ID CARDS (If you enrolled in the new vision plan, please review our payroll deductions to ensure your online enrollment was successfully processed)

If you need an Id card for one of your insurance providers please call:

Aetna Dental Plan (DPO) – 1-877-782-8365

Dental Expense Plan (Aetna PPO) 1-877-782-8365

Horizon Medical Plans 1-800-414-7427

MetLife Dental Plan 1-866-880-2984

VSP Vision Plan 1-800-877-7195

Cigna Dental Health 1-800-564-7642

FSA (Horizon) 1-888-215-0025

Horizon Dental Choice 1-800-433-6825

OptumRX 1-844-368-8740

EMPLOYEE DISCOUNTS

LA Fitness is offering all UH employees a discount on their memberships. Stop by the UH cafeteria and speak to a representative every Monday, Thursday, and Friday from 11am to 2pm. Click this [link](#) to view their website and club amenities.

UH employees are eligible for discount savings on goods and services just click the link provided under our “useful links” section. Login to the Portal, then click on the Employee Discount Icon.

NEW EMPLOYEES

- New employees must enroll in our Benefits Plans within the first **60 days** of employment. You can use this link to enroll on the Benefitsolver website [mynjbenefitshub](#), or you may login through [myNewJersey](#).
- Please use this [link](#) to register your pension account using your PERS Member number located on your check stub and designate a beneficiary for your pension and your life insurance.
- As a new employee you can open a Flexible Spending Account by clicking this [link](#).
- Visit the HR web page at <https://www.uhnj.org/uh-employees/human-resources/> for more benefit information.





BERKELEY COLLEGE CORPORATE LEARNING

Berkely College has partnered with UH to provide all staff and their family members a 30% tuition reduction. To find out more about this scholarship stop by the UH Cafeteria on March 12th, 19th and the 26th from 11am to 2pm and speak to a representative or click this link <https://berkeleycollege.edu/index.html>

CHAMBERLAIN UNIVERSITY

UH RN's are eligible for a 15% tuition discount with Chamberlain University. If you are looking for an accelerated flexible online program with post-licensure nursing and Public Health Degree programs click their link [Educational Healthcare Partnerships | Chamberlain University](#) for more information.

LOAN REDEMPTION AVAILABLE TO BEHAVIORAL HEALTHCARE PROFESSIONALS

The New Jersey Higher Education Student Assistance Authority (HESAA) is now accepting applications for the [Behavioral Health Loan Redemption Program \(hesaa.org\)](#). The purpose of the program is to help recruit and maintain a qualified workforce of behavioral healthcare professionals. Under the program, behavioral healthcare professionals can apply to have HESAA pay off up to \$150,000 of their student loan balance in exchange for agreeing to work at an approved community behavioral and mental health provider located in New Jersey. [Eligibility details](#) and access to the application are available online from HESAA.

NEW JERSEY COLLEGE PROMISE

The [New Jersey College Promise](#) offers an affordable way to earn a college degree. This is accomplished through the Community Opportunity Grant (CCOG) and the Garden State Guarantee (GSG) programs that provide affordable pricing for up to four years of college in New Jersey. This program provides a pathway for New Jersey students to earn a college degree by covering a significant portion or all their tuition and fees not already covered by other financial aid and scholarships.

NEW JERSEY PAY IT FORWARD PROGRAM

New Jersey has a Pay It Forward program which is designed to prepare New Jersey residents for in-demand careers in the field of health care, IT, and clean energy. This program provides zero-interest, no-fee loans for participants to receive job training. Participants pay no upfront costs and receive living stipends.

The training programs include:

1. The Cybersecurity Professional Bootcamp at New Jersey Institute of Technology (NJIT) in Newark
2. The Nursing associate degree Program at Hudson County Community College in Jersey City
3. The Heating, Ventilation & Air Conditioning (HVAC) and Welding courses offered by Camden County College

After training, participants only have a repayment obligation if their individual earned income is more than \$12,000 per year above the annual federal poverty level (FPL) for their household size.

You can learn more about this program at njpayitforward.org.

PUBLIC LOAN FORGIVENESS

University Hospital is a state agency which may make you eligible to apply to the Public Service Loan Forgiveness (PSLF) Program. If you have made 120 qualifying monthly payments (these payments do not have to be consecutive), you may be eligible for a Public Service Loan Forgiveness. If you are interested, click this link [Public Loan Forgiveness Application](#) to download the application.

RUTGERS SCHOOL OF PUBLIC HEALTH

The Rutgers School of Public Health is encouraging individuals currently working in the field of public health in New Jersey to consider applying for a scholarship to obtain a Master's in Public Health (MPH) degree or a Certificate in Population Health. Eligible applicants will receive a 50% tuition scholarship. Anyone interested in this opportunity should contact the Office of Admissions at admissions@sph.rutgers.edu or call 732-235-4646. The full details about the program can be found on the Rutgers School of Public Health website at: <https://sph.rutgers.edu/admissions/HRSA-PHSP.html>

UH EDUCATION ASSISTANCE PROGRAM

Each year you are eligible to be reimbursed up to **\$3,700** for educational assistance. [Click here](#) to download the Education Assistance Program Application. Upon successful completion of a course, submit the completed Education Assistance Application, tuition bill and your passing grades to Tracey Bacskay in HR to receive your reimbursement. It may take 1 to 2 pay periods before you see the reimbursement in your paycheck.



COMMUTER TAX\$AVE PROGRAM

You can also reduce your taxable income by enrolling in a commuter or parking program. Click this [link](#) to enroll. Here is additional plan [information](#).

FINANCIAL HEALTH/PLANNING

North Jersey Federal Credit Union will be in the UH Cafeteria on the first Tuesday of every month from 10am to 2pm or the first Thursday of every month from 2pm to 6pm. You can always visit their office located at 186 W. Market Street, Newark, NJ 07103 or call 973-785-9200. You can view their website and review the services provided by clicking this [link](#).



EMPLOYEE ASSISTANCE PROGRAM (EAP) – MENTAL HEALTH BENEFITS

You have several options to assist you and your family members with taking care of mental health needs. You can access our EAP offered through the [Rutgers University Behavioral Health Program](#). You can also access resources through your health care provider. [Horizon BCBSNJ Behavioral Health](#) include unique services through AbleTo, a program that provides emotional support to you if you have a chronic illness. New Jersey Division of Pensions & Benefits has partnered with [Forge Health](#) to provide additional mental health services.

SOCIAL SECURITY/MEDICARE PARTS A & B

The Social Security Administration will host a virtual meeting in April 2024. The date will be posted in the April Newsletter. This meeting will provide information on Medicare Parts A & B, how these benefits may affect your medical coverage upon your Retirement and Social Security Benefits. If you were not able to attend the virtual meeting with the Social Security Administration, please feel free to stop by the Human Resources Benefits Office and take advantage of the literature provided by the Social Security Administration. You may even want to attend a live webinar given by the Division of Pensions and Benefits on [Social Security](#) for PERS Members.

VOLUNTARY BENEFITS

M3 Technology will provide onsite services in the UH Cafeteria every other Friday. This company provides Hospital Employees that are actively working guaranteed acceptance (no physical or blood test required) for voluntary benefit plans paid through payroll deductions.

To apply for coverage, please call 844-229-5630.

Universal Voluntary Life (Transamerica) – Permanent Life Insurance coverage with a cash value.

Disability Insurance (Amalgamated) – Comprehensive disability policy that provides financial protection.

Accident Insurance (Chubb)– Accident insurance that provides cash payments to you for a covered accident.

Critical Illness (Chubb) – Critical illness insurance will pay you a lump sum cash payment upon the diagnosis of a covered illness.

Pet Insurance– Click this link <https://spotpet.link/uhnto> to get a quote or call 800-905-1595. UH staff will get a 10% discount. Please note that this benefit will be directly billed to you, it will not be processed through payroll deduction.

Wellness Program (WEMOFIT) – This program puts wellness into motion by providing professional nutritionist and access to virtual training. They also provide access to corporate fitness challenges to assist you in meeting your fitness goals. For more information on this free wellness program call 908-209-4824 or visit their website at www.wemofit.com.

RETIREMENT



Your PERS ID number is the PERS Reference Number on your paycheck stub. To contact the Division of Pensions & Benefits please use the methods below:

- Email – <https://nj.gov/treasury/assets/contact/pensions/contact-pensions.shtml>; or pensions.nj@treas.nj.gov
- Live Chat – the Chat widget is located on the MBOS home page and on our public website.
- In-person Counseling Appointments – <https://nj.gov/treasury/pensions/counselor-appts.shtml>
- Live Video Counseling Appointments – <https://nj.gov/treasury/pensions/counselor-appts-video.shtml>
- Call Center phone line – (609) 292-7524
- Webinars - [State of NJ - Department of the Treasury - NJDPB | Member Training](#)

These methods of communication are also conveniently accessible on the Contact Information web page: <https://nj.gov/treasury/pensions/contact.shtml>

For information on your ABP, Deferred or DCRP account, please contact the appropriate representative listed below, visit the UH Cafeteria for on-site counseling, or click this link <http://newjersey.retirepru.com/Webinars.aspx>.

AIG (formerly Valic) Jerome Gregory
732-343-4089

On-Site counseling Wednesday, March 6th from 10 to 1pm in the UH Cafeteria or you can [Schedule a virtual meeting or phone appointment](#).

Empower (formerly MassMutual) Ken Quarnaccio
848-248-4313

[Empower - Virtual Meeting with Ken Quarnaccio](#)

Empower (formerly Prudential) Jose Valette
732-236-6782

On-site counseling every Wednesday from 12pm to 2pm. Click here to view monthly [webinars on retirement](#).

Equitable (formerly AXA) Marc Sheridan
908-230-2042

On-site counseling each Monday & Wednesday from 10am to 2pm.

MetLife/Brighthouse Stephen Stemple
908-794-4265 or 800-842-9406

On-site counseling every Tuesday from 10am to 2pm.

TIAA Nancy Vandergoot
973-422-3731

Onsite counseling March 27th, April 24th, and May 29th. Schedule an onsite consultation [Click here to login and schedule a virtual meeting with a member of the TIAA financial consultant team](#) or call 855-728-8422 for Individual Advisory Assistance [online retirement training](#).

VOYA Frank Booth
860-573-5673

Click this link for Voya [online retirement training](#)

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