



Open Enrollment 2023!

OPEN ENROLLMENT

Our Annual OPEN ENROLLMENT period will be from October 1st to October 31st. During this time, you can enroll or change your medical and dental plans (You must remain in a designated dental plan for twelve (12) months from the effective date of your coverage before you can change plans.) Click this link [myNewJersey \(state.nj.us\)](https://myNewJersey.state.nj.us) and login or register using the key SHBP/SEHBP to enroll or make plan changes.

We have an exciting new plan option, **Vision Insurance** for benefit eligible employees. At a participating vision center this plan will cover an eye exam for a \$10 copay, a pair of glasses or contact lenses for a \$20 copay or you could be reimbursed up to \$250 for this purchase at a non-participating vision center. Stop by the VSP table at the fair for additional information or click this link [University Hospital VSP](#). To enroll in this plan, you must login to our UH employee portal at <https://portal.ec.uhnj.org/> and access the Self-Service Banner.

During this time of year you can open a Flexible Spending Account (FSA) (medical and/or dependent care account) for 2024 by clicking this link <https://horizonmyway-enroll.hellofurther.com/portal/601050/login>. An FSA can be used to cover medical expenses that are not covered at 100% by your insurance provider and/or dependent care expenses. For additional plan information, please attend one of the webinars that will be held from 12 to 12:45pm on [October 11th](#) and [October 26th](#).

A personalized Total Compensation Statement has been prepared for you and will be mailed to your home address. This statement summarizes the value of your benefits package and will assist you in evaluating your plan options for the 2024 calendar year.

Our Open Enrollment Fair will be held on Wednesday, October 25th from 10am to 4pm in the UH Cafeteria. Please take a few minutes to stop by and talk to your Benefits Team and the vendors listed below:

Aetna Dental Expense AIG (Retirement Services)

Empower - formerly Prudential & Mass Mutual (Retirement Services)

Horizon Dental & Medical Plans

Metlife (Retirement Services)

M3 Tech (Voluntary Life, Disability, Accident, Critical Illness, Pet Insurance)

North Jersey Credit Union (Banking Services)

TIAA (Retirement Services)

Voya (Retirement Provider)

Cigna (Dental Provider)

Equitable (Retirement Services)

LA Fitness

Metlife (Dental Provider)

& Free Wellness Program

OptumRX (RX Provider)

Verizon (Internet provider)

VSP (Vision Insurance provider)

SOCIAL SECURITY/MEDICARE PARTS A & B

The Social Security Administration will host a virtual meeting on [November 14th at 12pm](#). This meeting will provide information on Social Security Benefits, Medicare Parts A & B and how these benefits may affect your medical coverage upon retirement.

If you were not able to attend the virtual meeting, please feel free to stop by the Human Resources Benefits Office to access the literature provided by the Social Security Administration.

RETIREMENT

Empower will host a presentation on October 10th in the Human Resources conference room Level B, Room 417 from 12pm to 2pm. If you are unable to attend this presentation and want to open a Deferred Compensation account click here to [register and enroll](#).

[Useful Links:](#)

(AIG) - [Schedule a virtual meeting or phone appointment.](#)

[Benefitsolver](#) - medical, dental and prescription benefits

EAP/ Mental Health Benefits- [Rutgers University Behavioral Health Program](#)

Empower (Formerly Prudential) - [Virtual appointment with your dedicated retirement counselor!](#) or view webinars at <http://newjersey.retirepru.com/Webinars.aspx>.

Empower (Formerly MassMutual) with Ken Quarnaccio- [Empower - Virtual Meeting with Ken Quarnaccio](#)

Financial Health/ Planning- [North Jersey Federal Credit Union](#) | [Best Credit Union in NJ](#) | [Local Banks \(njfcu.org\)](#)

[Forge Health](#)

[Horizon BCBSNJ Behavioral Health](#)

LAFitness- [LA Fitness](#) | [Gym and Fitness Club](#) | [Join Today](#)

Loan Redemption- [Behavioral Health Loan Redemption Program \(hesaa.org\)](#)

[NJ Division of Taxation - Sales Tax Holiday for Certain Retail Sales \(state.nj.us\)](#)

[NJWell](#)

NJ Pay it Forward- nipayitforward.org

[North Jersey Federal Credit Union](#)

Pet Insurance- <https://spotpet.link/uhnto>

PSLF- [Public Service Loan Forgiveness \(PSLF\) & Temporary Expanded PSLF \(TEPSLF\) Certification & Application \(studentaid.gov\)](#)

Retirement (Live Q&A) - [Registration \(gotowebinar.com\)](#)

Rutgers School of Public Health- <https://sph.rutgers.edu/admissions/HRSA-PHSP.html>

Social Security Virtual Meeting [Click here to join the meeting](#)

[State of NJ - Department of the Treasury - NJDPB](#) | [Member Training](#)

(TIAA) Virtual Consultation with Donna Pelosi- [TIAA Financial Consultant Team](#)

UH Portal- <https://portal.ec.uhnj.org/>

VOYA- [online retirement training](#)

[Webinars \(retirepru.com\)](#)

Wellness Program- www.wemofit.com

Benefits Team

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