# What's New in Benefits!



## **JUNE 2022**

#### FINANCIAL HEALTH/PLANNING

North Jersey Federal Credit Union will be in the UH Cafeteria the First Tuesday of Every Month from 10am to 2pm. If you are not available to meet the representative in person you can visit their office located at 186 W. Market Street, Newark, NJ 07103 – 973-785-9200. You can view their website and review the services provided by clicking this <u>link</u>.

### **HEALTH and WELFARE BENEFITS**

Did you know that the New Jersey Division of Pensions and Benefits – Benefitsolver website will be switching many communications from printed documents to a digital format. To facilitate this, a post card was mailed to you requesting you to log in to your myNewJersey account at <a href="https://my.state.nj.us/aui/Login">https://my.state.nj.us/aui/Login</a>. Once logged in, please click the Personal Preferences button, update your personal email address. Be sure to **click save** to process your update.

New Jersey Division of Pensions and Benefits – Benefitsolver made a final attempt requesting Social Security Numbers (SSN) or Individual Taxpayer Identification number (ITIN) number for any dependents that have a temporary or an invalid SSN in the Benefitsolver system. If you received this letter you had until May 31<sup>st</sup> to provide a valid SSN or ITIN for your dependents. The only exceptions are for a newborn child who is under one year old.

Failure to respond to this request will result in your dependents being terminated from your benefit plan effective 7/1/2022. Terminated dependents will not be reinstated until proof has been provided via the Benefitsolver website at <a href="https://my.state.nj.us/aui/Login">https://my.state.nj.us/aui/Login</a>.

### RETIREMENT

New Jersey Division of Pensions & Benefits provides monthly seminars and webinars for PERS members. This <u>link</u> will take you to the June 2022 schedule of events. Please contact the Division of Pensions & Benefits at 609-292-7524 if you have questions on your PERS account.

For information on your ABP or DCRP account, please contact the appropriate representative noted below: AIG (formerly Valic) Jerome Gregory 732-343-4089 <u>Schedule a virtual meeting or phone appointment</u> Empower (formerly MassMutual) Office: 848-248-4313

Equitable (formerly AXA) Cell: 908-230-2042 MetLife/Brighthouse Cell: 908-794-4265

Empower (formerly Prudential) Cell: 732-428-2314 <u>Click here to schedule a virtual appointment with your dedicated retirement counselor!</u>

TIAA Office: Schedule a telephonic meeting <a href="www.tiaa.org/schedulenow">www.tiaa.org/schedulenow</a> or call 212-913-2517or 973-422-3731 VOYA Cell: 860-573-5673 click this link for <a href="mailto:online retirement training">online retirement training</a>

### SOCIAL SECURITY/MEDICARE PARTS A & B

Did you know, Medicare Parts A & B could affect your medical benefits upon your retirement?

If you were not able to attend the virtual meetings with the Social Security Administration, please feel free to stop by the Human Resources Benefits Office and take advantage of the literature provided by the Social Security Administration.

We will host additional meetings on a quarterly basis. Additional information will be posted in our upcoming newsletters.

### WELLNESS

Have you visited your primary care physician for your yearly checkup yet? Did you know that according to Horizon Blue Cross Blue Shield, the benefits of preventive care are countless? American adults that stay up to date with their annual checkups have been proven to live longer, avoid disability, and feel better overall. If you do not have Primary Care Physician (PCP) the <a href="mayingbenefitshub.nj.gov">mynjbenefitshub.nj.gov</a> website can help you find a PCP. When you sign up and perform at least one search, you will earn 25 NJWELL points.

The Wellness at Your Side app from WebMD® lets you complete online activities and track your points using your smartphone or tablet. Download the Wellness at Your Side app now from the <u>App Store</u> ® or <u>Google Play</u> TM. Use the access code **NJWELL** and log in using the **same username and password** you use to access <u>Horizonblue.com</u> and the <u>Horizon Blue app</u>.

When you reach 800 points with NJWELL you can earn a VISA® gift card worth \$250 or more.

#### **Benefits Team**

Tracey Bacskay - Benefits Services Associate 973-972-4743 bacskatr@uhnj.org

Claudine Green - Benefits Services Associate 973-972-0885 cruzgrcl@uhnj.org

Sherronda Williams – Manager Benefits Operations 973-972-3925 willi201@uhnj.org

If you have any questions on the topics discussed above or any employee benefit, please feel free to contact me using my email or phone number noted below.