



**UNIVERSITY HOSPITAL**  
Newark, New Jersey

**\*\*\*PRESS RELEASE\*\*\***

**FOR IMMEDIATE RELEASE**

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**COMPREHENSIVE COVID-19 RECOVERY PROGRAM OPENS AT UNIVERSITY HOSPITAL; PROVIDES CARE FOR THOSE WHO ARE RECOVERING FROM CORONAVIRUS**

**NEWARK, NJ** — University Hospital announced today that it is launching a comprehensive COVID-19 Recovery Program. This program will provide comprehensive medical care and rehabilitation to individuals who have suffered from a COVID-19 infection to assist with a full recovery from the virus. The *University Hospital Comprehensive COVID-19 Recovery Program* is an integrated model of care that begins with primary care and navigates patients through specialized medical care as needed.

COVID-19 has a range of different symptoms and physical impacts that can vary in intensity and duration from person to person. While some patients feel normal sooner, others have experienced lasting impacts. University Hospital's specialists will evaluate each COVID-19 recovery patient and customize a treatment plan based on their specific individual needs. This plan will include an in-depth analysis of each patient's health, the impacts of their COVID-19 infection, and develop a treatment and recovery plan as necessary and appropriate. University Hospital's COVID-19 Recovery Program will include specialties, such as Primary Care, Physical Medicine & Rehabilitation, Pulmonary, Cardiac, Renal, Mental Health, and many others. These specialties will be available to COVID-19 patients to assist as needed for an optimal recovery plan. Telehealth and in-person visits will also be available.

University Hospital has been at the forefront of the fight against COVID-19, treating, educating, and providing up-to-date guidelines and test results to thousands of patients during the surge experienced when the New York/New Jersey region was the global epicenter of the virus. The hospital's clinical staff remain on the cutting edge of research into treating COVID-19 and helping patients recover.

"People in our community were hit hard with COVID-19, and unfortunately, our front-line clinicians are seeing that it can have health effects that last well beyond recovery from acute illness," said **Shereef Elnahal, MD, MBA, President and CEO of University Hospital**. "University Hospital is committed to seeing our patients through to full recovery and management

of any complications. We are pleased to announce this new program dedicated to COVID-19 survivors in our community.”

**An appointment is required. Individuals can contact the COVID-19 Recovery Program and learn more by calling (973) 972-9000.**

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### **About University Hospital**

University Hospital is part of one of the nation’s leading academic medical centers and is the Level 1 Trauma Center for Northern New Jersey. Located at University Heights in Newark, University Hospital is a principal teaching hospital of Rutgers Biomedical and Health Sciences and a regional resource for advanced services across many medical specialties. For more information about University Hospital, please visit [www.uhnj.org](http://www.uhnj.org).