

# UNIVERSITY HOSPITAL CELEBRATES **BLACK** *History* MONTH

What is Black History Month?  
Watch this short video to learn more. <https://youtu.be/bm2Si3zdRIE>

## February 13 | 12 PM | Virtual Chat and Chew

Importance of Blood Donations from the Black Community

Join Zoom Meeting  
<http://bit.ly/3wSgYpZ>  
Meeting ID: 813 8802 0251  
Passcode: donate  
+1 305 224 1968



## February 14 | 9 AM - 5 PM | Blood Drive

Grand Foyer MSB – B Level  
185 S. Orange Avenue  
Newark, NJ 07112



Scan to be  
directed to  
RapidPass®



Scan to  
schedule an  
appointment.

## February 23 | 1 PM | Virtual Chat and Chew

Hear the Voices of Blacks  
in Medicine/Health Care

Join Zoom Meeting  
<http://bit.ly/3wT6KWm>  
Meeting ID: 869 1306 8510  
Passcode: health  
+1 646 876 9923



## February 27 | 6 PM | Virtual Chat and Chew

Cardiovascular disease is the leading  
preventable cause of death for African  
Americans. Learn how you can change that.

Join Zoom Meeting  
<https://bit.ly/3jtrXTI>  
Meeting ID: 811 3327 0263  
Passcode: 867995  
+1 312 626 6799



## February 28 | 12 PM | Virtual

Join us for a discussion on an excerpt from *Under the Skin: The Hidden Toll of Racism on American Lives and on the Health of Our Nation* by Linda Villarosa

*From an award-winning writer at the New York Times Magazine and a contributor to the 1619 Project comes a landmark book that tells the full story of racial health disparities in America, revealing the toll racism takes on individuals and the health of our nation.*

*In 2018, Linda Villarosa's New York Times Magazine article on maternal and infant mortality among Black mothers and babies in America caused an awakening. Villarosa's article exposing that a Black woman with a college education is as likely to die or nearly die in childbirth as a White woman with an eighth grade education made racial disparities in health care impossible to ignore. Now, in *Under the Skin*, Linda Villarosa lays bare the forces in the American health-care system and in American society that cause Black people to "live sicker and die quicker" compared to their White counterparts. Anchored by unforgettable human stories and offering incontrovertible proof, *Under the Skin* is dramatic, tragic, and necessary listening.*

**REGISTER**

It will be a virtual conversation.  
Email [community@uhnj.org](mailto:community@uhnj.org) to register and receive an excerpt from the book.

For more information contact us at 973-972-6273 or [community@uhnj.org](mailto:community@uhnj.org)