



Pearls of Wisdom contributed by University Hospital Women

85. **Don't quit. Get your degree. That is the one thing a man can never take away from you.** (Mom - on the reason to stay in college)
Denise Baker, HIM
86. **Don't wish your life away.**
Denise Baker, HIM
87. **Don't scratch every itch.**
K. Deverteuil, Food and Nutrition Services
88. **Your attitude determines your altitude.**
K. Deverteuil, Food and Nutrition Services
89. **Every day thank God for the blessing of waking up in the morning.**
Sylvia Kearney, Food and Nutrition Services
90. **Always help. Never hurt.**
Joan Ross, Auxiliary
91. **Take time to enjoy the little things.**
Joan Ross, Auxiliary
92. **It's always a wonderful feeling and a blessing to be able to give to others, even if it is just a word of kindness.**
Dawn Brown, Pharmacy
93. **You don't have to blow out another person's candle to make your light shine.**
Valerie Brooks, Surgery
94. **If you see someone without a smile, give them yours.**
Valerie Estelle, Auxiliary
95. **Only the strong survive, and the weak go by the wayside.**
Valerie Estelle, Auxiliary
96. **Patience is a virtue; always think before you react.**
Stephanie Welch, Marketing and Communications

Celebrating **WOMEN'S HISTORY MONTH**