



*Pearls of Wisdom* contributed by University Hospital Women

63. **Laughter doeth the heart good like medicine.**  
Lakeishia Burt, Patient Relations
64. **A closed mouth won't get fed.**  
Kimberly Atkinson, Admitting
65. **Don't let the right hand know what the left hand is doing.**  
Shirley M. Johnson, Food and Nutrition Services
66. **Lend a helping hand.**  
Shirley M. Johnson, Food and Nutrition Services
67. **Always work for what you want, because if you don't work, you will steal!**  
(Grandma) - Debby Walker, University Hospital Auxiliary
68. **Practice self-care: physically, spiritually and mentally.**  
**You are no good to anyone if you are sick.**  
Angela Brooks-Wright, Ambulatory Care Services, Population Health
69. **What you permit, is what you promote.**  
Safia Amatullah, Business Operations, Perioperative Services
70. **Everything is happening exactly as it should be.**  
Safia Amatullah, Business Operations, Perioperative Services
71. **You are always enough, believe that.**  
Safia Amatullah, Business Operations, Perioperative Services
72. **Don't sweat the small stuff..... its all small stuff.**  
Lois V. Greene, Family Health
73. **Time waits for no one....so seize the day!**  
Charlene Barber, EMS
74. **Be the one to set the example.**  
Charlene Barber, EMS

*Celebrating* **WOMEN'S HISTORY MONTH**