



*Pearls of Wisdom* contributed by University Hospital Women

- 54. Always buy good shoes that you can walk in. It doesn't matter if they are heels or flats. You always walk taller and with confidence in comfortable shoes.**  
Nicole M. Raia, Department of Otolaryngology & Head and Neck Surgery
- 55. Always use your blinker. (Dad)**  
Kitty Donohue, Marketing and Communications.
- 56. Stay humble. Be kind.**  
Annie Williams Jones, Auxiliary
- 57. Lend a helping hand.**  
Annie Williams Jones, Auxiliary
- 58. To extend your life, focus on joyful things and all your blessings.**  
Ingrid Welsh - Administration
- 59. Always reach for the stars and never give up.**  
Rosa Ortiz, Social Work Services
- 60. Humility, hard work and perseverance are the keys to a successful life.**  
Sumy Mathew, Physical Medicine
- 61. Love is love.**  
Phree Perkins, Chief Medical Office
- 62. Don't be too quick to criticize people. They may have been up half the night with a sick baby, a sick parent or worrying about financial problems, (Mom)**  
Kitty Donohue, Marketing and Communications

*Celebrating* **WOMEN'S HISTORY MONTH**