



Get Involved

MONTHLY CALENDAR OF EVENTS

NOVEMBER 2019

FREE ONE-ON-ONE HOUR FINANCIAL COACHING WITH NJ CITIZEN ACTION

Tuesdays ~ November 5, 12, 19 and 26

3:30 PM - 7:30 PM

Reserve a spot at community@uhnj.org or 2-6273.

TRANSGENDER AWARENESS WEEK

November 15 - November 22

**Various activities throughout the week.*

WAIST WATCHERS

Mondays ~ November 4, 11, 18 & 25

11 AM - 12 PM

Ambulatory Care Center - Room D1635

Weight loss Self-Management Group for patients and employees. Register at 2-0527

EMPLOYEE MAMMOGRAPHY DAY

7 AM - 6 PM

NOV
14

205 South Orange Avenue, C-Level

Refreshments • Chair Massages • Raffles & Giveaways. Register at 2-2304, 2-2880.

*TRANSGENDER KICK-OFF

12:00PM-2:00PM

NOV
15

H349-H342

2ND ANNUAL PRENATAL SUMMIT

10 AM - 3 PM

NOV
16

Rutgers Great Hall, 15 W Washington St., Newark

Keynote by Shereef Elnahal. Resources and health screenings.

*JEOPARDY GAME

12 PM - 2 PM

NOV
18

UH Cafeteria

*GENDER PRONOUN TRAINING

1 PM - 3 PM

NOV
19

Room: UH I-355

*TRANS BINGO & HOT COCOA SOCIAL

12 PM - 2 PM

NOV
20

UH Cafeteria

CELEBRATE BECOMING A PARENT BABY SHOWER

10 AM - 11 AM

NOV
20

Rosemary Gellene Room, 180 South Orange Avenue

Expectant parents and parents of a baby 6 months and under.

VAPING PANEL DISCUSSION

2:45 PM - 4:30 PM

NOV
21

New Jersey Rutgers Medical School Room B610

What you don't know about vaping!

*TRANSGENDER PANEL DISCUSSION WITH TANYA FREEMAN, BOARD CHAIRPERSON

12 PM - 2 PM

NOV
22

UH Cafeteria

SOUTH WARD CLERGY & COMMUNITY MEETING

5 PM - 6:30 PM

NOV
25

NAN Tech World, 400 Hawthorne Avenue, Newark

Light refreshments will be served.

PRE-REGISTRATION REQUIRED FOR ALL EVENTS

To Attend [CLICK HERE](#)

To Volunteer [CLICK HERE](#)

More info: community@uhnj.org
or www.uhnj.org/uhnnetweb



One Goal. One Passion. Every Patient. Every Time.

Our Mission: As New Jersey's public academic health center, University Hospital is committed to providing exceptional care to every patient, every time.