Healthy Heart Program *October 2018* Calendar of Events

Healthy Heart Program
University Hospital

TOPIC: "Know Your Resources"	**TOPIC:** "Making Decisions"
DATE: Thursday October 18, 2018	**DATE:** Thursday October 25, 2018
TIME: 10 AM – 11 AM	**TIME:** 10 AM – 11 AM
LOCATION: Cancer Center C-Level, Room 1228 205 South Orange Ave, Newark, NJ	**LOCATION:** Cancer Center C-Level, Room 1228 205 South Orange Ave, Newark, NJ
PRESENTER: Danielle Friday, MSW, LSW	**PRESENTER:** Monica Hanna, MPH, CHES, NCTTP

You are invited to attend our **FREE** group education sessions with the **Healthy Heart Team.**

To join, please call or email us at:
973-972-1182
HealthyHeartProgram@uhnj.org