



UNIVERSITY HOSPITAL
Newark, New Jersey

DEPARTMENT OF RADIOLOGY

Anesthesia Fasting Guidelines for CT/MRI Procedures

The following instructions must be followed for all anesthesia cases performed in the CT/MRI Department.

Adults:

- No solid food allowed 8 hours prior to the exam.
- No clear liquids allowed 4 hours prior to the exam.

Pediatrics:

- **Less than 6 months:** can drink breast milk or formula 6 hours prior to the exam.
- **Less than 3 years old:** no solid foods or particulate liquids (ie: milk, formula, orange juice) 6 hours prior to the exam.
- **Greater than 3 years old:** no solid foods 8 hours prior to the exam. No clear liquids 4 hours prior to the exam.