**Important Reminders**

**Travel Restrictions:** All UH staff are part of an essential service, and are not impacted by the recent travel restrictions from the CDC, Governor Murphy, or Mayor Baraka, for purposes of commuting to work at the hospital. In order to avoid issues, it is recommended that staff carry their IDs with them at all times.

**Dress Code:** University Hospital is relaxing its official dress code to enable all employees to come to work in clothing that can be washed at home, and to avoid clothing that requires dry-cleaning. All staff are encouraged to dress in business casual clothing that is neat and appropriate to the workplace.

**Rutgers/UH COVID-19 Study:** Rutgers is conducting a Health Care Worker COVID-19 Study in partnership with UH. Interested healthcare workers that meet eligibility requirements will get regular COVID surveillance testing. Additional information can be learned [here](#).

**Virtual Chapel:** To encourage and sustain well-being, the UH Chapel has made available various virtual experiences. The schedule is available [here](#).

NJ 24/7 COVID-19 HOTLINE: Call 2-1-1 or (800)962-1253, or text NJCOVID to 898-211.

UH STAFF GENERAL QUESTIONS LINE (UH STAFF ONLY): For non-patient care questions, contact Infection Control at (973)865-7684.

PEER 2 PEER SUPPORT: Monday - Friday @ 3PM. Details [here](#).

SUPPORTIVE SERVICES: Contact NJMS Psychiatry's telephone support service for staff at [Stress.Anxiety@njms.rutgers.edu](mailto:Stress.Anxiety@njms.rutgers.edu).

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