

# University Hospital Chapel

Worship

Prayer

Spirituality

January

## MONDAY

1:30pm (15mins) Lunchtime Prayer (Jewish)

5:30pm (30mins) Evening Prayer (Christian)  
Christian prayer for spiritual healing

## TUESDAY

11:40am (20mins)  
(starts 1/8) Simply Meditate  
led by Chaplain Helen

1:30pm (15mins) Lunchtime Prayer (Jewish)

5:30pm (30mins) Evening Prayer (Christian)  
Find strength, peace and hope through prayer.

## WEDNESDAY

1:30pm (15mins) Lunchtime Prayer (Jewish)

5:30pm (30mins) Evening Prayer (Christian)  
Learn to experience God in every situation in life.

## THURSDAY

12:00pm (60mins) Christian Praise & Worship Service  
led by Elder Christina Grayson  
Be invigorated by a vibrant worship experience.

1:30pm (15mins) Lunchtime Prayer (Jewish)

5:30pm (30mins) Evening Prayer (Christian)  
Christian prayer for spiritual healing

## FRIDAY

12:00pm (60mins)  
(cancelled 1/4) Roman Catholic Mass  
led by Fr Jose Wilson Bello

1:30pm (30mins) Jummah (Muslim)

### University Hospital Interfaith

#### Chapel & Individual Prayer Space

Our Interfaith Chapel is on C-level and is available to patients, family members and staff 24/7. These spaces provide a peaceful place for prayer, reflection, and contemplation. Our schedule reflects worship opportunities that are kindly provided by the local faith community

#### Community Clergy

- Local affiliate clergy members often visit University Hospital. If you have a connection to a local religious institution, please let them know that you're here. Chaplaincy Services can also be requested to help you re-connect.
- University Hospital works closely with the Archdiocese of Newark to provide sacramental care for our Catholic patients during times of need. Anointing of the sick is available by request. Please coordinate with your nurse.

#### PrayerCare

- **PrayerCare** is a service provided by our spiritual care volunteers to offer you the comfort of non-denominational prayer during your stay at University Hospital. Your prayer request will be prayed over daily, and you will also receive a special **PrayerCare** visit whenever our spiritual care volunteers are on site.

#### Bedside Meditation

- As an **introductory** practice, breathing meditation can offer patients the experience of a peaceful mind and a sense of inner contentment. Requests can be made for one session and/ or for a series.

#### Religious Resources

- Religious resources, such as scripture and multi-faith prayer books, are available upon request.

Questions? Requests? Referrals?  
Please call us at: 973-972-1943  
or send us an email: chaplain@uhnj.org